

# Indigenous Cultures...

# HEAL STIGMA

*Addiction is not a moral issue. Nobody plans to become addicted.*

*Fentanyl is making fatal overdoses more likely.*

*Some Indigenous people may use substances to numb pain.*

*These deaths affect our whole community.*

**Talk** *to your loved ones*  
**about substance use.**

**Support people**  
*on their healing journey.*

## Local Contact:



[www.mvaec.ca](http://www.mvaec.ca)

## For More Information Please Contact:

### **In Metro Vancouver:**

Vancouver Native Health Society Clinic:  
449 E Hastings St. - **604-255-9766**

Vancouver Aboriginal Friendship Centre:  
1607 E Hastings St. - **604-251-4844**

Fraser Region Aboriginal Friendship Center:  
A101 - 10095 Whalley Blvd, Surrey -  
**604-595-1170**

Urban Native Youth Health & Wellness Centre:  
1618 E Hastings St. - **604-254-7732**

Lu'ma Medical Centre:  
2970 Nanaimo St. - **604-558-8822**

KUU-US Crisis Line Support Service (24/7): First Nations and Aboriginal Specific Support **1-800-588-8717**

[www.towardtheheart.com](http://www.towardtheheart.com)   [www.fnha.ca/overdose](http://www.fnha.ca/overdose)   [www.vch.ca/overdose](http://www.vch.ca/overdose)  
[www.fraserhealth.ca/health-info/mental-health-substance-use/](http://www.fraserhealth.ca/health-info/mental-health-substance-use/)

