



**SKILL
BUILDING**



**SUPPORT
STRATEGIES**



**CONFIDENTIAL
SERVICES**



**COMMUNITY
SUPPORT**



MIRT

MOBILE RESPONSE TEAM

Frontline Psychosocial Support

WHO WE ARE

The Provincial Overdose Mobile Response Team (MRT) offers psychosocial support, education, and training to organizations and agencies working within British Columbia's overdose public health emergency. This includes people impacted by critical incidents such as overdoses and/or deaths during the course of their work.

The MRT was created with support from the BC Ministry of Health and BC Ministry of Mental Health and Addictions in recognition of the psychosocial impact of the overdose public health emergency on first responders, frontline workers and people with lived experience/peers.

HOW WE HELP

- The team conducts **outreach** throughout the province and liaises with all Health Authorities and their contracted agencies.
- Provides immediate, short term **psychosocial support** to:
 - Build skills and capacity.
 - Enhance individual resiliency.
 - Provide space for grief and loss.
 - Offer supportive strategies for living with trauma.
 - Encourage helping communities recover and adapt through accountability and action.
- Delivers critical incident **stress management** models to develop peer support programs and tools.
- **Support** is provided provincially by team members with diverse backgrounds and skills.
- Services are **confidential**.